

Mastering The Art Of Solution Focused Counseling Second Edition

The Art of Solution Focused Therapy More Than Miracles Mastering the Art of Solution-Focused Counseling More Than Miracles Mastering The Art of Solution-focused Counseling The Art of Solution Focused Therapy More Than Miracles From Impressionism to Post-Impressionism - Art History Book for Children | Children's Arts, Music & Photography Books Early Buddhist Narrative Art Solutions and Other Problems The Solution at Hand Process Not Perfection Making Your Net Work The Art of Solving Problems Grandpa Smiles The Art of Being Naked Back to Venice Illustrated Floral Letters Coloring Book A Fistful of Rock & Roll Yang Sheng The Art of Problem Solving, Volume 1 Kaleidoscope Snowflakes Coloring Book The Ultimate Oil Painting Solution: for Landscape Art, Portraiture and Still Life Introduction to Algebra Spitz, Hit, Run Windows to Our Children The Conversation That Matters Most A Complicated Legacy The Unique Technique The Art of Acknowledgement Art of Mars Zodiac Goddess Coloring Book The Art of Problem Solving, Volume 2 Growing from the Roots Positively Speaking The Art of Problem Solving Prealgebra Solutions Manual The Virgin Jesus and Saint John Baptist by William-Adolphe Bouguereau - 1875 Surge Pitch Your Business Like a Pro

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More Than Miracles Oct 04 2022 "Written by pioneering experts in the field, More Than Miracles remains the authoritative text on Solution-focused Brief Therapy (SFBT). Suitable for both advanced practitioners and ambitious beginners, this book is the ideal resource for anyone seeking an in-depth understanding of the SFBT approach, the concepts that inform it, and the specific techniques that characterize its implementation"--

Mastering the Art of Solution-focused Counseling Jul 01 2022

The Art of Solution Focused Therapy May 31 2022 What is Solution-Focused Therapy? Solution Focused Therapy (SFT) is a unique, goal-directed therapy aimed at helping clients regain autonomy by determining and achieving their own goals. Solution focused therapists encourage clients to focus on solutions, not problems, and help clients effectively plan how to reach their goals. Unlike other therapies, SFT holds an abiding belief in clients' abilities to know what is best for them, rather than have a therapist tell them. Why this book? This book not only provides an overview of the Solution Focused therapy model, its basic tenets, and theories; it also presents intimate interviews with expert practitioners--all of whom use SFT in their own practice. To this end, the book offers a wealth of insight into the theory and practice of SFT, to help practitioners decide whether SFT is right for them and their clients. These experts offer details of their apprehensions, goals, breakthroughs, and overall experiences with the therapy. The team of expert contributors includes Eve Lipchik, Yvonne Dolan, Alasdair Macdonald, Thorana Nelson, and many more. Questions the experts address include: How did you discover that SFT was the model that fit your clients' needs? What characteristics of this model drew you towards it? How has SFT impacted your personal life? What is it about SFT that makes it so effective? What are your favorite cases and how did they affect your work as a therapist?

The Conversation That Matters Most Aug 10 2020 In The Conversation That Matters Most, DeWitt Rowe takes his readers on a unique and fascinating journey of self-exploration and discovery. The author not only guides us toward a complete reevaluation of how we view success; he convinces us that the way we define it and pursue it must also be reexamined. How often do we stop and question the assumptions that have defined us? Are we more intelligent than we have been led to believe? Do our idiosyncrasies make us strange...or simply unique? How often do we make a decision based on what's expected of us, rather than on our innate sense of what works? DeWitt delves into areas that are rarely discussed, areas that reward us with a richness of comprehension, awareness, discovery, and wisdom. Every page is a reminder of the control we have over our lives if only we can understand how to use that control in a positive and result-oriented manner. Utilizing this book's guides and lessons, we can be assured of a fuller and more satisfying life.

Windows to Our Children Sep 10 2020

A Fistful of Rock & Roll Apr 17 2021 Two survivors of a global catastrophe disguise themselves as corpses to survive in a land of the walking dead! From the mind of Mike Richardson, creator of The Mask and The Secret, comes this hilariously frightening tale of Straw and Whip who have lived through a plague that's left the world with seven billion brain-hungry zombies. Soon the two friends save a lovely young gun-crazy woman named Betty, who becomes a source of rivalry between them. With hundreds of zombies out for a snack, the three try their best to blend in so as not become the next item on the menu.

The Art of Being Naked Jul 21 2021 The Art of Being Naked (about) Remember that naughty excitement that comes with an adrenaline rush? The exciting thought of being caught in a sexual act, but fearing to be caught? Maybe a public adventure or a night out in the car's back seat under the stars at night. We all take these risky adventures to remind ourselves that we are alive. The risk can be rewarding by The thrill-the thrill of the wild side to spice things up! The thrill of the unknown to come. Unknowing if you will be noticed. The sheer pleasure of being naughty, daring, and brave. You-being a leader, and doing an adventure with your partner can make for a night of forbidding and fulfilling enjoyment that can spark a wild fire of excitement and rush. In this picture book for adults, you will enjoy original nude art, two true, funny stories of sexual adventures gone wrong, and the inspiration to find that naughtiness inside yourself. This book approaches the excitement of sexual adventures that most people are too petrified to talk about with their partner.

Art of Mars Apr 05 2020 Mike Hoffman's adventurous Black-and-White ink drawings from the first three "Mars" novels of Edgar Rice Burroughs are all collected here. Dozens of works from "A Princess of Mars", "Gods of Mars" and "Warlord of Mars".

Spitz, Hit, Run Oct 12 2020 This book presents the survival philosophy and self-defense movements that Jim Ingram has compiled in his more than eight decades on this earth. The specific self-defense movements are based in West Java styles of pencak silat and pukulan, but Ingram has added a large amount of knowledge gained from his experiences in the military, under occupation, and on the streets.

More Than Miracles Apr 29 2022 'More than Miracles' is a groundbreaking text revealing developments in this practical, evidence based approach. It provides information on the widely used Solution-Focused Brief Therapy Approach (SFBTA).

Illustrated Floral Letters Coloring Book May 19 2021 Inspired by the lettering community and the beauty of floral illustrations, I found a passion in combining both to create something fun for people to color. Have fun coloring the alphabet that I illustrated with beautiful flowers. This coloring book has all 26 letters distinctly illustrated with floral designs. From kids to adults, this coloring book is fun for everyone.

The Art of Acknowledgement May 07 2020 Elevate Your Spirit and Soar! The greatest gift we can give or receive is recognition by others. We all want to feel happy, but in order to experience happiness at the deepest level, we need to feel acknowledged. It is, indeed, an art that transforms internal beliefs and feeds the soul with love and acceptance. In The Art of acknowledgement, author Margo Majdi reveals the power and process of acknowledgments in all aspects of our lives. This life-changing book will change your relationship with others and yourself, as well as the way you communicate with the people and world around you, as you learn to: Communicate with yourself and others on a deeper level Discover the profound difference between acknowledging and thanking others Unveil the abundance of nature, history and animals Experience the enlightenment of different ceremonies, traditions and cultures Use sacred words to create a life with meaning, gratitude and elation

Zodiac Goddess Coloring Book Mar 05 2020 This hand-illustrated adult coloring book features portraits of beautiful goddesses, each representing a sign of the zodiac. Bring them to life with your own color and style! Complete with coloring tips, test pages, and extra pages to protect from bleed-through, this book has nearly everything you need to begin your creative-coloring journey! Coloring is a healthy way to relieve stress and welcome peace into your life, and finished pages can be used as personalized art for your home or as gifts for friends! We hope you enjoy! <http://www.winsomeandwit.com/> . . . Note: This book is exclusively sold on Amazon and Createspace.

A Complicated Legacy Jul 09 2020 If movies and books like Belle, Twelve Years a Slave, The Butler, The Help, A Time to Kill, and Amistad have moved you, you'll love A Complicated Legacy, a novel by Baltimore writer Robert H. Stucky based on the true story of Elijah Willis, a white South Carolina planter, and Amy- the love of his life, the mother of his children, and his slave. Taking place in the decade leading up to the Civil War, it is written with a cinematic eye for atmosphere and setting, a linguist's ear for dialogue, and a historian's grasp of the powerful social forces and momentous events of the time. It is a riveting tale of personal transformation in facing the tide of sweeping social change. Elijah Willis fought family opposition, public opinion, and the law to free his family of choice and leave them his entire inheritance. In so doing, his and Amy's story becomes a microcosm of the human struggles that made the Civil War and the Abolition of Slavery both necessary and inevitable. Set in rural South Carolina, Baltimore, and Cincinnati, this vivid saga weaves history and humanity in a compelling testimony to the power of relationships to shape our destinies, even a century and a half later.

The Art of Problem Solving Oct 31 2019

Surge Jul 29 2019 How many times have you had an idea that you were really passionate about-one that you really believed was important? How many times have you waited until you had the perfect amount of time or the perfect environment or the perfect set of circumstances to act on that idea? How many times have your ideas vanished into thin air because those "perfect" opportunities never came? No more. We've been on a two-decade quest to find better ways to take action on our ideas--and share those strategies with others. In this book, you'll learn exactly how to harness the power of now to take action on your ideas. You'll learn how to alleviate anxiety, face your fears, and overcome overwhelm--all so you can bring your ideas to life.

The Art of Problem Solving, Volume 2 Feb 02 2020 "...offer[s] a challenging exploration of problem solving mathematics and preparation for programs such as MATHCOUNTS and the American Mathematics Competition."--Back cover

Growing from the Roots Jan 03 2020 The roots of healthy development are nurtured when children's needs are met and they are allowed to experience life for themselves with guidance, not control. This is the foundation of the non-judgmental, emotionally connected style of parenting presented in "Growing From the Roots: A Practical Guide to the Art of Parenting". This book provides many down-to-earth parenting tools to help promote connections between parents and children as well as valuable examples that model how to communicate with children to support their growth into confident and compassionate adults. This is a comprehensive look at parenting; helping our children gain self-esteem to how we can get through the day without feeling we are going to explode! The author's own experiences as a mother, a child and family therapist and a preschool teacher contribute to a rich understanding of what parents and children experience, providing relevant and invaluable tools and support for parents of young children.

Pitch Your Business Like a Pro Jun 27 2019 It takes more than just a brilliant idea to be a successful entrepreneur. Among all of the challenges facing a business owner, finding funding is one of the most overwhelming. This challenge alone can significantly limit an entrepreneurial dream. Pitch Your Business Like a Pro arms you with the techniques necessary to effectively pitch your business and entrepreneurial ideas anytime an opportunity comes your way to do so. It is designed to help you to explore which options are best for you and how to position yourself to pitch you, your idea and your business to potential investors. To do this most effectively, it is important to know to whom you are pitching to, what they look for in a winning pitch, and how to best deliver it. As an established entrepreneur and business professional who has made a significant number of pitches and has helped prepare others do so over the years, I've designed this book to help you successfully address these questions by: Discussing the major funding options, investor groups and platforms available to the entrepreneur. Offering a complete guide to creating a compelling business plan as a basis for developing an outstanding pitch. Providing a valuable list of the essential do's and don'ts of pitching. This book also shows you what to aim for in a pitch and what investor audiences look for in a pitch, as well as offering a master-class in how to deliver a pitch that you can use to

develop your own winning pitching style. At the end of the book is a bonus chapter with precise details on how to make a successful sales pitch. Your ability to pitch effectively will go a long way toward making your business dream a success, especially when you are able to attract the right kind of investor who is not just keen on making some money from your business but believes in you and your journey. Welcome to Pitch Your Business Like a Pro!

Kaleidoscope Snowflakes Coloring Book Jan 15 2021 Choose a colored pencil, pen, or marker and start coloring the kaleidoscope patterns of these unique ice crystal snowflakes! These 25 original designs are detailed and somewhat complex, drawn with fine lines, and each has its own unique look and feel. These aren't your common white snowflakes - they want COLOR! Each design was hand-drawn with a stylus and a drawing tablet, and was inspired by creative impulses and a love of snowflakes and winter. Some designs are large, single snowflakes, others are patterns or interesting groupings, and they are all printed one-sided. Coloring is fun no matter what your age. It's also a wonderful way to relax and release stress. You can color these snowflakes anytime - over the winter holidays, or in the middle of summer when the weather is too hot!

More Than Miracles Aug 02 2022 The latest developments in this groundbreaking therapy approach! *More Than Miracles: The State of the Art of Solution-Focused Brief Therapy* is a ground breaking, intellectually provocative book, revealing new advances in the widely used, evidence based Solution-focused Brief Therapy (SFBT) approach. The final work of world renowned family therapists and original developers of SFBT, the late Steve de Shazer and Insoo Kim Berg (who passed away shortly before the book's release) this definitive resource provides the most up-to-date information available on this eminently practical, internationally acclaimed approach. New revelations about the impact of language in therapeutic change are presented precisely and clearly, illustrated with real life case examples that give readers a "hands-on" view of the newest technical refinements in the SF approach. Challenging questions about the applications of SFBT to complex problems in "difficult" settings are given thoughtful, detailed answers. The book's unique design allows the reader to "listen in" on the lively discussions that took place as the authors watched therapy sessions. The solution-focused brief therapy approach is based upon researchers observing thousands of hours of psychotherapy sessions and studying which questions and responses were most effective in helping people develop solutions to their problems. *More Than Miracles: The State of the Art of Solution-Focused Brief Therapy* is the most up-to-date, comprehensive review of this approach. This book discusses the latest developments in the fields of family therapy, brief therapy, and psychotherapy training and practice. A succinct overview orients the reader to the current state of SFBT, and provides three real life case transcripts that vividly illustrate the practical applications of SFBT techniques. The seminar format of *More Than Miracles: The State of the Art of Solution-Focused Brief Therapy* allows readers to sit in on surprising psychotherapy sessions eavesdrop on the authors' commentary about the sessions get a comprehensive overview on the current state of SFBT review and understand the major tenets of SFBT learn specific interventions, including the miracle question and the reasons for asking it understand treatment applicability read actual session transcripts understand the "miracle scale" get insight into the unique relationship between Wittgenstein's philosophy and SFBT better understand SFBT and emotions examine misconceptions about SFBT and more *More Than Miracles: The State of the Art of Solution-Focused Brief Therapy* is illuminating reading for psychotherapists, counselors, human services personnel, health care workers, and teachers.

Positively Speaking Dec 02 2019 *Positively Speaking: The Art of Constructive Conversations with a Solutions Focus* By Paul Z Jackson and Janine Waldman Suppose... You've got a difficult conversation that you're really not looking forward to You want to change your boss's mind, but he doesn't listen You need your team - or your children - to take responsibility for their own issues Top consultants Paul Z Jackson and Janine Waldman take you on a tour of successful, constructive conversations, from preparation through opening remarks to agreeing the right actions. Illustrated throughout with tips, examples and exercises, *Positively Speaking* will develop your skills in creating dialogue that works well for you at work, in social settings and at home. With a resource-based, solutions-focused approach, you will find it simpler and more enjoyable to get what you want by talking to people the *Positively Speaking* way. And the results will be positively extraordinary. Praise for *Positively Speaking*: "With *Positively Speaking* Jackson and Waldman have created my dream Solutions Focus book: they make the concepts absurdly easy to understand and - more importantly - they make the material relevant to my work and relationships " Dr. Robert Biswas-Diener, Programme Director, Center of Applied Positive Psychology "The strategic application of Solution Focused approaches can help unlock the most challenging aspects of executive leadership in the modern public sector. Jackson and Waldman's approach instills the discipline of simplicity and builds confidence through positive enquiry. I have greatly benefited from working with them and recommend *Positively Speaking* as a way ahead." Andrew Fowlie, General Manager, NHS Grampian "For me, there's nothing like going on a course and gaining new skills - unless it's a book like '*Positively Speaking*', which gives me background, theory, case studies, models and, most importantly real concrete ways to put all of that into practice in my day-to-day work of coaching, facilitation and working through conflict. This book is a real asset to any practitioner who needs to 'just do it' - just great." Ann Lukens, Director, Groupworks "This resource really does live up to its aim of helping us learn more about what we can do rather than what we can't. I like the way it brings the idea of Solutions Focus to life through examples, case studies and practical exercises. I'll definitely be using these ideas in my work as a facilitator and coach." Colin Coombs, Learning & Development Manager, Tate Paul Z Jackson and Janine Waldman are co-directors of The Solutions Focus (www.thesolutionsfocus.co.uk), leading a team of consultants, facilitators and coaches who apply this approach worldwide in organisations including Beiersdorf (Nivea), PepsiCo, Reading Borough Council, John Laing and The Metropolitan Police

The Art of Solving Problems Sep 22 2021

Early Buddhist Narrative Art Feb 25 2022 *Early Buddhist Narrative Art* is a pictorial journey through the transmission of the narrative cycle based on the life of the historical Buddha. Karetzky, while demonstrating the various evolutions that the image of the Buddha underwent, maintains that there is an underlying homogeneity of the tradition in the cultures of India, Central Asia, China and Japan. The author, while focusing on the visual representation of the Buddhist narrative, goes into some detail regarding the importance of scriptures in each society, and how the written tradition informed the pictorial. Over seventy photos fill this book, which will be of interest to scholars of art history, Eastern religion and Buddhism in particular.

Process Not Perfection Nov 24 2021 There is no one-size-fits-all solution to healing the wounds of traumatic experiences, although most survivors agree that just talking about the trauma does not work. Expressive arts therapy offers a wide range of potential solutions for trauma survivors by taking an all of the above approach to creative practices, working with multiple expressive pathways in a variety of combinations. This book invites you into artmaking, music, dancing, movement, writing, and other expressive practices to both cultivate your existing strengths and to help you step outside of your comfort zone. Explore how the practices of expressive arts can best support your healing and recovery journey.

From Impressionism to Post-Impressionism - Art History Book for Children | Children's Arts, Music & Photography Books Mar 29 2022 Art can come in many styles and the technique to create each one can vary depending on the artist and the era. In this book, we're going to study art history from Impressionism to Post-Impressionism. What are the differences between them? How do you tell one from the other? What are examples of art produced? Know the answers and more from the pages of this book.

Back to Venice Jun 19 2021 Imagine what it would be like to go back in time to the 15th century Venice. And imagine what it would be like to meet your lifelong hero, Michelangelo. And imagine what it would be like if, on first meeting, you spill a tray of pasta and wine on that very same hero. Well, that's what happens to serious young artist Mark Breen. As the result of a drunken bet, Mark knocks out a painting of a toilet bowl. Much to his amazement, he sells it. In short order he's hailed as the new Andy Warhol and becomes an overnight sensation and a very wealthy man. Soon, images of his toilet bowls are on more t-shirts, mugs, and calendars than Edvard Munch's *The Scream*. His friend and mentor, Hugh Connolly, afraid that Mark is in danger of losing his "artistic soul," advises him to go back to Italy and reacquaint himself with the "old masters." In Venice, Mark falls in love with Alexandra, a beautiful art restorer, but it's a one-sided affair. One night, hoping to win her over, he climbs up on a roof to find out who painted her favorite fresco. He falls off the roof and wakes up in 15th century Venice where he meets an innkeeper named Francesca, who looks exactly like Alexandra. And it gets curiously and curiously from there. During his stay-which is sometimes zany and sometimes frightening-he meet his hero, Michelangelo, who teaches him the true meaning of art.

Introduction to Algebra Nov 12 2020

Yang Sheng Mar 17 2021 The concept of self-care is, in fact, thousands of years old. This buzzword is rooted in a 2,500-year old Chinese philosophy. 'Yang sheng' means to nourish life - fostering your own health and wellbeing by nurturing body, mind and spirit. In this book, Katie Brindle teaches readers how to harness this powerful natural healing system to improve every aspect of their life. Yang Sheng fits and works brilliantly in modern life. Some of the techniques may seem unusual, but they are all simple, quick and effective. Even more appealing, a key principle of Chinese medicine is balance; that means not being perfect or excluding foods or having too many rules or pushing yourself to exhaustion with overwork or over-exercise. And so, Yang Sheng encourages you to have the green juice and the glass of wine, a full-on day at work and a night out dancing. For people who are overworked and overtaxed, stressed, lacking a sex drive, or who feel anxious or hopeless, the practice of Yang sheng restores balance. Our bodies are designed to self-heal - Yang Sheng knows the mechanics of how to activate this.

The Art of Problem Solving, Volume 1 Feb 13 2021 "...offer[s] a challenging exploration of problem solving mathematics and preparation for programs such as MATHCOUNTS and the American Mathematics Competition."--Back cover

The Virgin Jesus and Saint John Baptist by William-Adolphe Bouguereau - 1875 Aug 29 2019 Blank journal with a work of art on the cover! Life is art, and what better way to chronicle the goings-on in your life than in our Art of Life Journal showcasing William-Adolphe Bouguereau's work of art, "The Virgin Jesus and Saint John Baptist - 1875". There are 150 pages for journal entries. Each page is printed on 60# stock, and is lightly lined and embellished. The cover is printed on 10pt stock, and is laminated for increased durability.

Prealgebra Solutions Manual Sep 30 2019

Solutions and Other Problems Jan 27 2022 INSTANT #1 NEW YORK TIMES BESTSELLER For the first time in seven years, Allie Brosh-beloved author and artist of the extraordinary #1 New York Times bestseller *Hyperbole and a Half*-returns with a new collection of comedic, autobiographical, and illustrated essays. *Solutions and Other Problems* includes humorous stories from Allie Brosh's childhood; the adventures of her very bad animals; merciless dissection of her own character flaws; incisive essays on grief, loneliness, and powerlessness; as well as reflections on the absurdity of modern life. This full-color, beautifully illustrated edition features all-new material with more than 1,600 pieces of art. *Solutions and Other Problems* marks the return of a beloved American humorist who has "the observational skills of a scientist, the creativity of an artist, and the wit of a comedian" (Bill Gates). Praise for Allie Brosh's *Hyperbole and a Half*: "Imagine if David Sedaris could draw...Enchanting." -People "One of the best things I've ever read in my life." -Marc Maron "Will make you laugh until you sob, even when Brosh describes her struggle with depression." -Entertainment Weekly "I would gladly pay to sit in a room full of people reading this book, merely to share the laughter." -The Philadelphia Inquirer "In a culture that encourages people to carry mental illness as a secret burden...Brosh's bracing honesty is a gift." -Chicago Tribune

Mastering the Art of Solution-Focused Counseling Sep 03 2022 The most current trends in solution-focused counseling are explored in the latest edition of this updated and expanded text. Dr. Guterman provides a comprehensive and straightforward discussion of solution-focused theory and describes how the model can be used throughout the therapeutic process. Clinical techniques and detailed case studies illustrate counseling with clients experiencing a range of problems, including depression, substance abuse, grief, morbid jealousy, and trichotillomania. New chapters and sections in this edition address anxiety, eating disorders, migraine headache, psychosis, spiritual and religious problems, self-injurious behavior, and suicide. Additional features include excerpts of dialogue from actual counseling sessions, sample forms and supplementary materials, and troubleshooting tips for getting unstuck in difficult cases. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@acacounseling.org.

Grandpa Smiles Aug 22 2021 Original oil paintings tell the story of how Grandpa watches over a little boy over the course of his life, even though Grandpa can be with him only in spirit. This art story book is a peaceful and healing read for adults and children alike. Gentle emotions, passionate colors, and simple words communicate an inspirational message that love lives on, and family is forever.

The Art of Solution Focused Therapy Nov 05 2022 "What is Solution-Focused Therapy? Solution Focused Therapy (SFT) is a unique, goal-directed therapy aimed at helping clients regain autonomy by determining and achieving their own goals. Solution focused therapists encourage clients to focus on solutions, not problems, and help clients effectively plan how to reach their goals. Unlike other therapies, SFT holds an abiding belief in clients' abilities to know what is best for them, rather than have a therapist tell them. Why this book? This book not only provides an overview of the Solution Focused therapy model, its basic tenets, and theories; it also presents intimate interviews with expert practitioners-all of whom use SFT in their own practice. To this end, the book offers a wealth of insight into the theory and practice of SFT, to help practitioners decide whether SFT is right for them and their clients. These experts offer details of their apprehensions, goals, breakthroughs, and overall experiences with the therapy. The team of expert contributors includes Eve Lipchik, Yvonne Dolan, Alasdair Macdonald, Thorana Nelson, and many more. Questions the experts address include: How did you discover that SFT was the model that fit your clients' needs? What characteristics of this model drew you towards it? How has SFT impacted your personal life? What is it about SFT that makes it so effective? What are your favorite cases and how did they affect your work as

a therapist? "

The Ultimate Oil Painting Solution: for Landscape Art, Portraiture and Still Life Dec 14 2020 A bulky, comprehensive book on oil painting various subject matter. Ever had trouble drawing ellipses, mixing skin colours or painting skies? This bumper oil painting book tackles 78 such painting 'peeves' with suggested solutions. The *Ultimate Oil Painting Solution* comprise three full-length art books: *Why do my Clouds Look Like Cotton Wool?* a problem-solver for landscape painting; *Why do my Skin Tones Look Lifeless?* a problem-solver for portrait painting, and *Why do my Ellipses Look Like Doughnuts?* a problem-solver for still life painting. Each book can be purchased singly if interested in just one subject area. However, purchasing the three in this bundle book will work out a little cheaper than buying the three books individually. Each book comprises 26 common 'peeves' (in the form of chapters) associated with the oil painting area concerned, and therefore you will find 78 such peeves and suggested solutions collectively within. The book has 73,000 words, 78 chapters and around 400 images. Each book also possesses a step by step painting demonstration associated with the subject area. These are *Castlerigg Stone Circle* (for landscape art); *David's Oath of the Horatii* (for portraiture) and painting strawberries (for still life). The 'peeves' selected represent common problem areas that students have experienced in my art classes. Such peeves include the rendering of foreshortenings, darkening skin colours, suggesting ripples in water, painting clouds, mixing greens, suggesting soft hair, painting noses, reflections in eyes, moisture on fruit, portrait photography, measuring tones, darkening snow colours and a myriad of other peeves. As each book are in themselves separate entities, where applicable, similar information is presented in context of landscape art, portraiture and still life painting, although the information is presented differently. Examples of this are the art materials needed for painting and the nature of pigments. However, such occurrences are mostly confined to the introductory chapters of each book and occur seldom elsewhere. Key chapters in this book cover the colour theory, perspectives, drawing ellipses, the golden section, tonal values, underglazing, art techniques, the nature of pigments, essential art materials, monochromatic painting, composing an arrangement, negative shapes, painting en plein air, drawing foreshortenings, creating mood, making a viewfinder, colour temperatures, drawing methods, the rules of reflections, painting on a budget, types of gessoes, skin colours and much, much more. The aim of this book is to find a 'cure' for a given issue and enable the developing artist to improve in the future. Most of all, to encourage creativity and growing confidence. Dimensions of print book: 10x8in and 234 pages.

Making Your Net Work Oct 24 2021 "Part of the networking leadership series"--Cover.

The Unique Technique Jun 07 2020 I am an optometrist. I owned a very traditional medical, white coat practice in Pittsburgh, Pennsylvania near the University of Pittsburgh for 10 years. I became bored and uninspired in this vanilla business environment and sterile space. Feeling restless, I sold my practice and began the search for a new place to start a fresh concept in optometry. I found Frederick, Maryland, which is a historic, walkable little city that tops the triangle with DC and Baltimore. I relocated to a new town, in a new state with a brand new practice - *Unique Optique*. I was an outsider and a transplant, trying to win Frederick's trust and convince the residents of this town to come to my practice to spend money on high-end glasses. To accomplish this feat, I decided that I needed to show our authenticity, exude genuine sincerity, and smile through adversity. I embraced my flaws; I was vulnerable and real. I used social media, in-house events and the decor of the office to display the business's personality. People instantly related to the practice. They saw that I was not perfect, but I was earnest and that I truly cared. I was proud of my venture. *Unique Optique's* reviews were stellar and real. The practice grew steadily and by the end of the first year, I was recognized as the Start Up Entrepreneur of Frederick County. Soon, I had requests from business owners and entrepreneurs to come and visit the practice and discuss our unique image strategies. People wanted this quality for their own businesses. I realized that I had helpful and valuable information and put my techniques down on paper. While developing my brand and marketing my business, I have made mistakes, learned from them, and attempted to fix them. I have worked through adversity and difficulties. In the end, I cultivated a brand to which people could relate. This is my experience. I hope it helps you find your Unique Technique."

The Solution at Hand Dec 26 2021