

# Carl Rogers On Person Centered Therapy

**Interdisciplinary Handbook of the Person-Centered Approach** *A Little Book about Person Centered Planning* *The Person-Centered Way* Person-Centred Therapy *Interdisciplinary Handbook of the Person-Centered Approach* Person-Centred Therapy **A Person-Centered Approach and the Rogerian Tradition** *Treatment Planning for Person-Centered Care* **Person-Centered Approaches for Counselors** Person Centered Psychiatry **Skills in Person-Centred Counselling & Psychotherapy** **The Person-Centred Approach to Therapeutic Change** Person-centered Psychotherapies Client-centered Therapy *Person-Centred Counselling in Action* **Understanding Person-Centred Counselling** **Learning and Being in Person-centred Counselling** **Interdisciplinary Applications of the Person-Centered Approach** Serious Mental Illness *Person-Centred Therapy Today* **ON BECOMING A TEACHER** *Fundamentals of Person-Centred Healthcare Practice* *Client-Centered Therapy and the Person-Centered Approach* *Handbook of Person-Centred Mental Health Care* Person-Centred Therapy in Focus Person-centered Health Care **Person-Centred Counselling** **Existential Therapy** Person-Centered Health Care Design *Person-Centred Counselling Psychology* **The Person-Centred Approach** *Developing Person-Centred Counselling* Person-Centered Communication with Older Adults **Person-centred Nursing** **Person-Centered and Experiential Therapies Work** **The Person-Centred Approach** **Person-centred and Experiential Therapies** Quality of Life and Person-Centered Care for Older People *Treatment Planning for Person-Centered Care* **Person-Centred Healthcare Research**

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*Handbook of Person-Centred Mental Health Care* Nov 11 2020 Person-centered mental health care is essential for keeping service users at the center of care. This handbook uses practical examples across clinical care, research, education, and healthcare administration to illustrate how to implement person-centered approaches for clients with serious mental health challenges. Looking at the different service points that this growing population of clients encounter enables service providers to see how to implement holistic person-centered care in an effective manner. Each chapter follows a concrete case example exploring different techniques, tools, and resources that can be used by service users and service providers. An appendix provides the handouts in printable form. Written by experts in person-centered care with diverse experiences with mental health-related practices and policies, this comprehensive handbook is a valuable resource for psychiatrists and other mental health practitioners, researchers, educators, and policy makers who work with people with serious mental health challenges.

Person-Centred Therapy Aug 01 2022 Person-centred therapy, rooted in the experience and ideas of the eminent psychotherapist Carl Rogers, is widely practised in the UK and throughout the world. It has applications in health and social care, the voluntary sector and is relevant to work with people who are severely mentally and emotionally distressed. As well as being a valuable sourcebook and offering a comprehensive overview, this edition includes updated references and a new section on recent developments and advances. The book begins with a consideration of the principles and philosophy underpinning person-centred therapy before moving to a comprehensive discussion of the classical theory upon which practice is based. Further areas of discussion include: The model of the person, including the origins of mental and emotional distress The process of constructive change A review of revisions of and additions to person-centred theory Child development, styles of processing and configurations of self The quality of presence and working at relational depth Criticisms of the approach are addressed and rebutted and the application of theory to practice is discussed. The new final section is concerned with advances and developments in theory and practice including: Counselling for Depression The

Social Dimension to Person-Centred Therapy Person-Centred Practice with People experiencing Severe and Enduring Distress and at the 'Difficult Edge' A Review of Research Throughout the book, attention is drawn to the wider person-centred literature to which it is a valuable key. Person-Centred Therapy will be of particular use to students, scholars and practitioners of person-centred therapy as well as to anyone who wants to know more about one of the major psychotherapeutic modalities.

*Person-Centred Counselling Psychology* May 06 2020 'Not only is this the first key text on person-centred counselling psychology, but one of the best introductions to the approach. Gillon combines an in-depth understanding of the person-centred field with a highly accessible writing style to produce a book that will be of enormous value to anyone wanting to practice person-centred therapy. Essential reading for trainee and practising counselling psychologists with an interest in the person-centred approach and highly recommended for counsellors and psychotherapists of all orientations' - Mick Cooper, Professor of Counselling, Counselling Unit, University of Strathclyde  
*Person-Centred Counselling Psychology: An Introduction* is an introduction to the philosophy, theory and practice of the person-centred approach. Focusing on the psychological underpinnings of the approach, Ewan Gillon describes the theory of personality on which it is based and the nature of the therapeutic which is characterised by unconditional positive regard, empathy and congruence. The book shows how the person-centred approach relates to others within counselling psychology and to contemporary practices in mental health generally. It also gives guidance to readers on the approach's research tradition as well as considering key issues for those wishing to train and work as a person-centred practitioner. As such, it is designed to be an applied, accessible text, providing a dialogue between the psychological basis of person-centred therapy and its application within the real world. As well as psychology students, it will be of interest to those from other disciplines, counselling trainees, those within the caring professions, and person-centred therapists from a non-psychological background. Ewan Gillon is Director of The Edinburgh Psychology Centre and Lecturer in Counselling Psychology at Glasgow Caledonian University.

**Person-Centred Healthcare Research** Jun 26 2019 Person-Centred Healthcare Research provides an innovative and novel approach to exploring a range of research designs and methodological approaches aimed at investigating person-centred healthcare practice within and across healthcare disciplines. With contributions from internationally renowned experts in the field, this engaging resource challenges existing research and development methodologies and their relevance to advancing person-centred knowledge generation, dissemination, translation, implementation and use. It also explores new developments in research methods and practices that open up new avenues for advancing the field of person-centred practice. *Person-Centred Healthcare Research: Enables students, practitioners, managers and researchers to gain a solid understanding of the complexity of person-centred thinking in research designs and methods*  
*Explores the theories and practices underpinning a topical subject within current healthcare practice*  
Is edited by an internationally recognised team who are at the forefront of person-centred healthcare research  
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This new title is also available as an e-book. For more details, please see [www.wiley.com/buy/9781119099604](http://www.wiley.com/buy/9781119099604)

**Person-centred and Experiential Therapies** Sep 29 2019 An essential new guide for any person-centred trainee or practitioner, this book explores some of the key contemporary counselling and psychotherapy approaches that have developed from classical client-centred therapy. Part One discusses five approaches including Classic Client-Centred Therapy; Relational and Dialogical Person-Centred Therapy; Focusing-Oriented Therapy; Experiential Therapy; Emotion Focussed Therapy and Person-Centred Expressive therapy. Each approach is introduced, considered in terms of its history, development, current context and relevant research, as well as exemplified through a range of inspiring vignettes. Part Two brings readers up-to-date with recent developments in the application of person-centred practice, including creative approaches, transcultural counselling, work with people who've experienced trauma as well as those who are experiencing limitations to their ability. Written by leading UK-based and international authors, this authoritative and thought-provoking book is a must read for anyone keen to understand the many approaches of person-centred therapy.

Person-Centered Communication with Older Adults Feb 01 2020 Providers serving older adults face a growing problem. Older adults are becoming increasingly dissatisfied with service quality citing deficits in provider communication and relationship skills. The author argues this dissatisfaction is largely related to three widespread issues: ageism, use of professional jargon, and age-related changes in the older adult. To address these concerns, Dr. Storlie advocates adoption of an evidence-based, person-centered approach to communication. The benefits of person-centered communication are many. They can increase older adult satisfaction with provider services, enhance mutual respect and understanding, improve accuracy of information exchanged, positively impact service outcomes, increase compliance with provider recommendations, and reduce the frustration and stress often experienced by both provider and older adult. Rare to this genre, readers are introduced to several under-explored topics within the field of communication, along with methods for applying concepts from research findings into these topics to enhance the quality of interpersonal communication. Topics include the role of mental imagery in the communication process, the influence of neurocardiology on relationships, and

controversial findings from research into quantum physics. The book concludes by highlighting progress made in narrowing the interpersonal communication gap and forecasts how communications-oriented technological advances might improve quality of life for 21st century older adults and the providers who serve them. Utilizing interdisciplinary case studies to illustrate common problematic situations, this book provides detailed exercises that explain how providers can integrate person-centered communication into their practices to improve provider-older adult interactions. Written in a style designed to maximize learning, it helps providers find the information they need, understand what they read, and apply what they've learned to improve professional communication. *Person-Centered Communication with Older Adults* is an essential guide for today's healthcare professionals and other aging-services providers, and also for the educators who help to prepare the providers of tomorrow. Presents a conceptual framework for understanding respect-based, person-centered communication Teaches specific communication skills to aging services providers and educators to assist in effectively communicating with older adults Includes numerous case studies to help in identifying common problematic situations and describing practical ways to integrate positive communication One of the first books to integrate scientific, evidence-based findings with a personal approach that includes important new information on neurocardiology

**A Person-Centered Approach and the Rogerian Tradition** Apr 28 2022 From the Book: "it is hypothesized that the therapist wants to understand for no other reason but to understand. If the therapist is motivated to understand solely to be a change agent for the client, then the facilitative mechanisms may not be sufficient because a tendency toward unconditional acceptance will not effectively emerge." "the published literature in the 1970s suggests that person-centered therapy (PCT) researchers, rather than pursuing novel avenues of empirical inquiry, devoted substantial time in defending PCT against - what now appear to be - unfounded claims made by a group of social scientists who held significant professional interest in seeing through the dismantling of the person-centered approach." Book Summary: This book is about a person-centered approach to counseling and psychotherapy as developed by the psychologist Carl Rogers (1902-1987) and his colleagues. In addition, this book is also intended to be a handbook on the person-centered approach and the Rogerian tradition for use in academic and non-academic settings alike. Each chapter is briefly summarized below. Chapter 1 ("A Person-Centered Approach and the Structure of Scientific Revolutions") examines the trend of scientific inquiry in psychotherapy research, specifically focusing on events and changes that took place beginning in the 1970s and are argued to have substantially influenced the direction of psychotherapy research in the following decades. In particular, these changes are suggested to have been guided by the choices made by a small but influential group of behavior and psychoanalytic-oriented researchers, which arguably led to changes in the scientific methods used to investigate the effectiveness of psychotherapeutic treatments; and, as will be shown in this chapter, led to the decline and disappearance of Carl Rogers's person-centered approach. This chapter suggests that through a method of allegiance-guided scientific inquiry, the Rogerian tradition was systematically dismantled by a group of social scientists that held considerable professional interests to do so. Chapter 2 ("A Person-Centered Approach to Multicultural Counseling Competence") examines current and historical trends in psychotherapy research and practice with racial/ethnic minority populations. Using psychotherapy evidence from both the latter half of the 20th century and the initial decades of the 21st century, cultural adaptations to previously hypothesized person-centered therapy mechanisms of change are proposed. Chapter 3 ("A Person-Centered Approach to the Treatment of Borderline Personality Disorder") addresses psychotherapy with a person described as possessing a borderline personality disorder (BPD). In particular, a selection of mainstream approaches is reviewed to examine unique and universal aspects of current thinking about this treatment population. Following this review, an expanded analysis of person-centered therapy is offered, examining current research evidence and the mechanisms of change hypothesized to occur in the person-centered treatment of BPD. Chapter 4 ("A Person-Centered Approach to the Treatment of Combat Veterans with Posttraumatic Stress Disorder") examines posttraumatic stress disorder through the lens of military combat trauma that results in a breakdown of a combat veteran's sense of self and the world. In the effective treatment of combat-related posttraumatic stress disorder, a therapist must help the veteran reorganize the self-structure that has become incongruent with his or her precombat-trauma self following his or her return home from war. For the therapist to facilitate a veteran's becoming whole, he or she must be genuinely congruent in the relationship.

**Learning and Being in Person-centred Counselling** Jun 18 2021 In the second edition of this hugely popular book, Tony Merry reorganised and updated the text to include the latest initiatives in the world of counselling and psychotherapy. It offers in-depth discussion of all aspects of person-centred counselling from its origins to current developments in theory and practice.

Person Centered Psychiatry Jan 26 2022 This book presents an authoritative overview of the emerging field of person-centered psychiatry. This perspective, articulating science and humanism, arose within the World Psychiatric Association and aims to shift the focus of psychiatry from organ and disease to the whole person within their individual context. It is part of a broader person-centered perspective in medicine that is being advanced by the International College of Person-Centered Medicine through the annual Geneva Conferences held since 2008 in collaboration with the World Medical Association, the World Health Organization, the International Council of

Nurses, the International Federation of Social Workers, and the International Alliance of Patients' Organizations, among 30 other international health institutions. In this book, experts in the field cover all aspects of person-centered psychiatry, the conceptual keystones of which include ethical commitment; a holistic approach; a relationship focus; cultural sensitivity; individualized care; establishment of common ground among clinicians, patients, and families for joint diagnostic understanding and shared clinical decision-making; people-centered organization of services; and person-centered health education and research.

**Person-centred Nursing** Jan 02 2020 The concept of 'person-centredness' has become established in approaches to the delivery of healthcare, particularly with nursing, and is embedded in many international healthcare policy frameworks and strategic plans. This book explores person-centred nursing using a framework that has been derived from research and practice. Person-centred Nursing is a theoretically rigorous and practically applied text that aims to increase nurses' understanding of the principles and practices of person-centred nursing in a multiprofessional context. It advances new understandings of person-centred nursing concepts and theories through the presentation of an inductively derived and tested framework for person-centred nursing. In addition it explores a variety of strategies for developing person-centred nursing and presents case examples of the concept in action. This is a practical resource for all nurses who want to develop person-centred ways of working.

**The Person-Centred Approach** Oct 30 2019 Peggy Natiello's collection of work has become a favourite amongst students on Person-Centred courses throughout the UK. It is a scholarly, much referenced work on collaborative power and gender issues.

Person-centered Psychotherapies Oct 23 2021 In *Person-Centered Psychotherapies*, David J. Cain discusses the history, theory, research and practice of this seminal approach whose basic premises have influenced the practice of most therapeutic systems. Person-centered therapy, also called client-centered therapy, was created by Carl Rogers almost 70 years ago. In polls of psychotherapists conducted in 1982 and 2007, Carl Rogers was voted the most influential psychotherapist in history. His original approach gave rise to a number of variations on the original, all of which may be classified as person-centered psychotherapies because of their basis in Rogers' core therapeutic conditions of empathy, unconditional positive regard, and congruence. This model emphasizes the client - therapist relationship, focusing on how the quality of moment-to-moment engagement between therapist and client can create optimal conditions for client growth. Person-centered therapies view clients as resourceful persons capable finding their own directions and solutions for their problems, and a fundamental value of the person-centered therapist is to honor and preserve the client's autonomy and choice. In this book, Dr. Cain presents and explores person-centered psychotherapy, its theory, history, therapy process, primary change mechanisms, the empirical basis for its effectiveness, and contemporary developments that have refined theory and expanded how it may be practiced. In recent years dialogical, experiential, existential and expressive-creative influences have been integrated in practice. This essential primer, amply illustrated with case examples featuring diverse clients, is perfect for graduate students studying theories of therapy and counseling as well as for seasoned practitioners interested in understanding how it has evolved in recent decades.

**Person-Centered and Experiential Therapies Work** Dec 01 2019 A comprehensive, systematic and accessible review of the evidence base for person-centered and experiential approaches to psychotherapy and counselling.

**Person-Centered Approaches for Counselors** Feb 24 2022 Integrating common factors research and practice, *Person-Centered Approaches for Counselors* by H. D. Cornelius-White highlights the deep social justice roots of the approaches and shows counselors in training and experienced therapists how to integrate person-centered process and outcome measures to improve therapy outcomes. For each of the person-centered approaches covered (including classical, focusing, emotion-focused, intersubjective, and interdisciplinary orientations) this accessible book covers historical development, theory, process, evaluation, and application. *Person-Centered Approaches for Counselors* is part of the SAGE Theories for Counselors Series that includes *Psychoanalytic Approaches for Counselors* by Frederick Redekop and *Cognitive Behavioral Approaches for Counselors* by Diane Shea.

**Person-Centred Counselling** Aug 09 2020 `This book offers a truly engaging "read". The writing style is good and it gives the reader a wide range of perspectives, from the meta-theoretical to the concrete practical experience of clients and counsellors... David Rennie's book serves to continue the development as well as the exposition of the person-centred approach to counselling' - *British Journal of Guidance and Counselling* `This is a very good book... clearly within the humanistic//experiential tradition... It seems to me to be very important that this kind of research continues - it is the raw data of the counselling profession' - *Person-Centred Practice* This book contains powerful new ideas about person-centred th

Person-Centred Therapy May 30 2022 Person-centred therapy, based on the ideas of the eminent psychotherapist Carl Rogers, is widely practised in the UK and throughout the world. It has applications in health and social care, the voluntary sector and is increasingly relevant to work with people who are severely mentally and emotionally distressed. This book offers a comprehensive overview and presents the core theories, advances and practices of the approach in a concise, accessible form. *Person-Centred Therapy: 100 Key Points* begins with a consideration of the principles and philosophy underpinning person-centred therapy before moving to a

comprehensive discussion of the classic theory upon which practice is based. Further areas of discussion include: the model of the person, including the origins of mental and emotional distress the process of constructive change a review of revisions and advances in person-centred theory child development, styles of processing and configurations of self the quality of presence and working at relational depth. Finally criticisms of the approach are addressed and rebutted, leading readers to the wider person-centred literature. As such this book will be particularly useful to students and scholars of person-centred therapy, as well as anyone who wants to know more about one of the major therapeutic modalities.

**The Person-Centred Approach** Apr 04 2020 This text explores how person-centred philosophy can be an effective working model for both counselling and psychotherapy and for understanding, living and working in a complex contemporary world.

**The Person-Centred Approach to Therapeutic Change** Nov 23 2021 From the Foreword `It is an honour to be asked to write a foreword for this new book by Michael McMillan. I have been excited about this book ever since I read early drafts of its first two chapters some time ago at the birth of the project. At different times thereafter I have read other parts and my consistent impression has been that this is an author who has both a sophisticated academic understanding of the material and a great skill in communicating that widely. Those two qualities do not often go together! The book is about change. After a first chapter in which the author introduces us to the person-centred concept of the person, chapter two is devoted to the change process within the client, including a very accessible description of Rogers' process model. Chapter three goes on to explore why and how change occurs in the human being, while chapter four introduces the most up-to-date person-centred theory in relation to the nature of the self concept and its changing process. Chapters five and six explore why change occurs in therapy and the conditions that facilitate that change, while chapter seven looks beyond the core conditions to focus on the particular quality of presence, begging the question as to whether this is a transpersonal/transcendental quality or an intense experiencing of the core conditions themselves. This is an intensely modern book particularly in its postmodern emphasis. Rogers is sometimes characterised as coming from modernist times but he can also be seen as one of the early post modernists in his emphasis on process more than outcome and relationship more than personal striving. The modern nature of the book is also emphasised by a superb analysis of the relationship between focussing and person-centred therapy in Chapter five, linking also with Polanyi's notion of indwelling in this and other chapters. In suggesting that in both focussing and person-centred therapy the therapist is inviting the client to 'indwell' himself or herself, the author provides a framework for considering many modern perceptions of the approach including notions such as 'presence' and 'relational depth'. Also, the link with focussing is modern in the sense that the present World Association for the approach covers a fairly broad family including traditional person-centred therapists, experiential therapists, focussing-oriented therapists and process-guiding therapists. Important in this development is the kind of dialogue encouraged by the present book' - Dave Mearns, Strathclyde University The belief that change occurs during the therapeutic process is central to all counselling and psychotherapy. The Person-Centred Approach to Therapeutic Change examines how change can be facilitated by the counsellor offering empathy, unconditional positive regard and congruence. The Person-Centred Approach to Therapeutic Change outlines the main theoretical cornerstones of the person-centred approach and then, applying these, describes why change occurs as a result of a person-centred therapeutic encounter. The author explores the counselling relationship as an environment in which clients can open themselves up to experiences they have previously found difficult to acknowledge and to move forward. Integral to the person-centred approach is Carl Rogers' radical view that change should be seen as an ongoing process rather than an alteration from one fixed state to another. In Rogers' view psychological health is best achieved by the person who is able to remain in a state of continual change. Such a person is open to all experiences and is therefore able to assimilate and adapt to new experiences, whether 'good' or 'bad'. By focusing explicitly on how change is theorized and facilitated in counselling, this book goes to the heart of person-centred theory and practice, making it essential reading for trainees and practitioners alike.

Person-Centered Health Care Design Jun 06 2020 Disease, injury, or congenital disorders result in an inability to perform activities of daily living as effectively as others. Most of these activities take place within and are dependent upon the designed environment. This book presents the specialized area of person-centered health care design, which focuses on a person's design needs because of one or more health conditions and requires foundational knowledge pertaining to infection control, biophysiology, neuroscience, and basic biomechanics. Whether the designer has engaged in person- or condition-centered design, this book examines the causes that bring about health conditions, such as autoimmune disorders, chronic lung disease, muscular dystrophy, and neurological disorders, and the effects these have on a person's quality of life. Over forty various health conditions are discussed in relation to assorted building typologies—schools, group homes, rehabilitation and habilitation centers, and more—to identify design solutions for modifying each environment to best accommodate and support a person's needs. Dak Kopec encourages readers to think critically and deductively about numerous health conditions and how to best design for them. This book provides students and practitioners a foundational framework that supports the promotion of health, safety, and welfare as they pertain to a person's physiological, psychological, and sociological well-being.

Serious Mental Illness Apr 16 2021 Defines what Serious Mental Illness is, how it can impact the family and pointers on getting the most from the medical system.

*A Little Book about Person Centred Planning* Oct 03 2022

**Skills in Person-Centred Counselling & Psychotherapy** Dec 25 2021 This book has already helped thousands of beginning practitioners understand the subtleties of the person-centred approach and develop skills in person-centred counselling practice. Now in its second edition, this step-by-step guide takes the reader through the counselling process, providing advice on how to structure and manage therapeutic work in ways which are thoroughly grounded in person-centred principles. Janet Tolan defines the key tenets of the approach - psychological contact, congruence, empathy and unconditional positive regard - and demonstrates how they are used effectively in a range of counsellor-client interactions. Describing all aspects of the therapeutic relationship from the initial meeting to ending the relationship well, this new edition contains new chapters - 'Debates and Developments in Practice' and 'Edgy and Ethical Issues'. This book is an ideal introduction for beginners and for more experienced therapists who want to extend their range. Janet Tolan is a Consultant and Private Practitioner in Manchester. She has worked extensively in education and training, most recently as leader of the Counselling and Psychotherapy Masters programme at Liverpool John Moores University.

*Client-Centered Therapy and the Person-Centered Approach* Dec 13 2020 This volume is an important contribution to the current literature on a person-centered approach. It demonstrates the increasingly broad and dynamic application of this perspective to a variety of fields. Of particular interest to family psychologists are the chapters on family relationships, systems theories and marital and family therapy. This book is a valuable addition to the library of seasoned family psychologists as well as beginning graduate students in marriage and family therapy programs. "The Family Psychologist"

**On Becoming a Teacher** Feb 12 2021 Students deserve great teachers and learning to become a great teacher is a lifelong journey. *On Becoming a Teacher* guides both the new and experienced teacher through the exhilarating process of learning to educate students in a way that makes a lasting impact on their lives. Dr. Kearney leads the reader through the process of understanding what lies at the foundation of great teaching, loading each essay with ready-for-classroom use applications and challenging ideas. This book is designed to encourage the reader to think deeply about all aspects of education, while instilling, or rekindling, the excitement, enthusiasm, and teaching excellence shared by all great teachers. Written in conversational essay form and supplemented with discussion and reflection questions, this brief book would make an ideal classroom text for student teaching and education seminars. Whether you aspire to teaching excellence at the elementary school, middle school, high school, or collegiate level, *On Becoming a Teacher* is a must read. Author Bio: Edmund M. Kearney, Ph.D. is Professor of Psychology at Lewis University. Dr. Kearney has won numerous teaching awards over the past 20 years, including being named the "Teacher of the Year" at the Chicago School of Professional Psychology, the Lasallian Educator of the Year for teaching excellence at Lewis University, and the St. Miguel Febres Cordero Award winner for excellence in scholarship at Lewis University. Dr. Kearney's specialty areas in psychology include cognition, special education, child and adolescent assessment, and the scholarship of teaching and learning.

*Developing Person-Centred Counselling* Mar 04 2020 `This is a useful book for those who use person-centred counselling in their practice, or who are training to become person-centred counsellors' - *Counselling and Psychotherapy*, the Journal of the British Association for Counselling and Psychotherapy *Developing Person-Centred Counselling*, Second Edition is designed to help counsellors improve their skills within the person-centred approach. Written by Dave Mearns, leading person-centred expert and bestselling author, the Second Edition has been fully revised and updated taking account of developments in person-centred practice. With new chapters on growth and transference, the book covers the subjects which are central to person-centred training: } the core conditions } therapeutic alliance } development of the counsellor } therapeutic process } the person-centred approach in relation to psychopathology. Supported by case material and examples from practice, each part of the book presents the counsellor with practical, and often challenging ideas, which encourage him/her to think carefully about his/her practice and how to improve it. *Developing Person-Centred Counselling*, Second Edition is a highly practical and inspiring resource for trainees and practitioners alike.

**Existential Therapy** Jul 08 2020 Less of an orientation and more a way of understanding the challenges of being human, existential therapy draws on rich and diverse philosophical traditions and ways of viewing the world. Traditionally it has been seen as difficult to summarise and comprehend and the air of mystery surrounding existential ideas has been exacerbated by the dense language often used by philosophers and practitioners. *Existential Therapy: 100 Key Points and Techniques* provides a comprehensive and accessible guide to a fascinating and exciting body of knowledge, and the therapeutic approach it informs. Divided into five parts the topics covered include: Existentialism – inception to present day Theoretical assumptions Existential phenomenological therapy in practice Ethics and existential therapy Bringing it all together *Existential Therapy: 100 Key Points and Techniques* will be essential reading for all trainee and qualified counsellors, psychotherapists, psychologists and psychiatrists who want to use the wisdom of existential ideas in their work with clients. It will also benefit clients and potential clients who want to find out how existential ideas and existential therapy can help them explore what it means to be alive.

**Understanding Person-Centred Counselling** Jul 20 2021 This book provides a key introduction to the theory, concepts and practice of the person-centred approach,

through the lens of the practitioner's experience and personal development. Writing as someone who has been through real life challenges and has developed and learned as a result, the author's strikingly personal style not only helps to contextualise complex and nuanced theory, but makes this a truly unique book about real person-centred practice and experience. From Roger's early philosophy through to the current developments and controversies in the field, the author uses personal testimonies, exercises and reflection points to make challenging concepts and practice issues accessible for the novice reader. What results is an informative and fascinating read for all those training and interested in the person-centred approach.

*The Person-Centered Way* Sep 02 2022 For everyone involved in long-term care, this unique and groundbreaking guide will prove instrumental in transforming a nursing facility into a person-centered, comfortable, and welcoming environment.

*Person-Centred Therapy Today* Mar 16 2021 `At the risk of being directive, I would say you should buy this book. It contains some of the most stimulating and refreshing ideas to have emerged in the person-centred literature since *On Becoming a Person* - Person Centred Practice Person-Centred Therapy Today makes a timely and significant contribution to the development of one of the most popular and widely-used therapeutic approaches. `This is a book that is rooted in the origins of person-centred therapy but stands at the cutting edge of new ideas developing in this tradition. It will reinvigorate those of us already immersed in this tradition. It should convince newcomers of the vitality and potential of this approach to thera

*Interdisciplinary Handbook of the Person-Centered Approach* Jun 30 2022 This book examines the scientific contribution and increasing relevance of the Person-Centered Approach (PCA) in psychotherapy. The direction taken in the book is to provide readers with a multidisciplinary and multi-perspective view as well as practical applications. Beyond the more conventional psychotherapy applications (client-centered, experimental, emotion-focused, child-centered, motivational interviewing, existential, filial, etc.) others have evolved including peace and conflict resolution work, encounter and T-groups, nonviolent communication, parent effectiveness training, person-centered planning for people with disabilities, relationship enhancement methods, learner-centered education, technology-enhanced learning environments, human relations leadership training, etc. Simultaneously, scientific disciplines were influenced by this perspective in less obvious ways. Hence, the major contribution of this book is to identify and characterize the key bridges-so far only partly recognized- between the PCA and several other disciplines. Based on the results of the bridge-building endeavor, the editors will propose an initial formulation of the PCA as a meta-theory. It is intended as a generic framework to solve complex, social problems and to stimulate further research and development concerning the human species in relationship to its environment.

*Person-Centred Therapy in Focus* Oct 11 2020 *Person-Centred Therapy in Focus* provides a much-needed exploration of the criticisms levelled against one of the most widespread forms of therapeutic practice. Characterized by its critics as theoretically `light', culturally biased and limited in application, until now the person-centred approach has had comparatively little written in its defence. Paul Wilkins provides a rigorous and systematic response to the critics, drawing not only on the work of Carl Rogers, but also of those central to more recent developments in theory and practice (including Goff Barrett-Lennard, Dave Mearns, Jerold Bozarth, Germain Leitauer and Brian Thorne). It traces the epistemological foundations of person-centred therapy and places the approach in its social and political context. Examining the central tenets of the approach, each chapter sets out concisely the criticisms and then counters these with arguments from the person-centred perspective. Chapters cover debates in relation to: - the model of the person - self-actualization - the core conditions - non-directivity - resistance to psychopathology - reflection, and - boundary issues. *Person-Centred Therapy in Focus* fulfills two important purposes: firstly to answer the criticisms of those who have attacked the person-centred approach and secondly to cultivate a greater critical awareness and understanding within the approach itself. As such it makes a significant contribution to the person-centred literature and provides an excellent resource for use in training.

*Fundamentals of Person-Centred Healthcare Practice* Jan 14 2021 *Fundamentals of Person-Centred Healthcare Practice* presents evidence-based perspectives on a broad range of approaches to person-centred practice in healthcare. Featuring contributions from internationally recognised experts in the field, this valuable textbook helps students and staff across healthcare disciplines understand the essential concepts of person-centred practice in various health-related contexts. Using the Person-centred Practice Framework—an innovative theoretical model based on more than two decades of research and practice—students develop a strong understanding of the different components of person-centredness, their connections and interactions, and how they can be implemented to promote positive healthcare experiences for care providers, service-users, and families. Recognising the dynamic and complex nature of person-centredness, the text emphasises the importance of a common language and a shared understanding of person-centred practice in all areas of healthcare, from hospital and social care systems, to mental health, learning disability, and rehabilitation services. This practical and insightful introduction to the subject: Provides engaging, student-friendly coverage of the central principles and practice of person-centredness within a multi-professional and interdisciplinary context Features cases and examples of person-centred practice in curricula worldwide Includes activities designed to support person-centred practitioner development Discusses the future of person-centred facilitation, learning and practice Offers real-world

guidance on providing a holistic approach to developing person-centred relationships that facilitate meaningful connections with others Fundamentals of Person-Centred Healthcare Practice is an indispensable resource for nursing and allied health professionals, and an important reference work for educators, facilitators, supervisors and healthcare practitioners.

*Treatment Planning for Person-Centered Care* Jul 28 2019 Treatment Planning for Person-Centered Care, second edition, guides therapists in how to engage clients in building and enacting collaborative treatment plans that result in better outcomes. Suitable as a reference tool and a text for training programs, the book provides practical guidance on how to organize and conduct the recovery plan meeting, prepare and engage individuals in the treatment planning process, help with goal setting, use the plan in daily practice, and evaluate and improve the results. Case examples throughout help clarify information applied in practice, and sample documents illustrate assessment, objective planning, and program evaluation. Presents evidence basis that person-centered care works Suggests practical implementation advice Case studies translate principles into practice Addresses entire treatment process from assessment & treatment to outcome evaluation Assists in building the skills necessary to provide quality, person-centered, culturally competent care in a changing service delivery system Utilizes sample documents, showing examples of how to write a plan, etc. Helps you to improve the quality of services and outcomes, while maintain optimum reimbursement

**Interdisciplinary Handbook of the Person-Centered Approach** Nov 04 2022 This book examines the scientific contribution and increasing relevance of the Person-Centered Approach (PCA) in psychotherapy. The direction taken in the book is to provide readers with a multidisciplinary and multi-perspective view as well as practical applications. Beyond the more conventional psychotherapy applications (client-centered, experimental, emotion-focused, child-centered, motivational interviewing, existential, filial, etc.) others have evolved including peace and conflict resolution work, encounter and T-groups, nonviolent communication, parent effectiveness training, person-centered planning for people with disabilities, relationship enhancement methods, learner-centered education, technology-enhanced learning environments, human relations leadership training, etc. Simultaneously, scientific disciplines were influenced by this perspective in less obvious ways. Hence, the major contribution of this book is to identify and characterize the key bridges-so far only partly recognized- between the PCA and several other disciplines. Based on the results of the bridge-building endeavor, the editors will propose an initial formulation of the PCA as a meta-theory. It is intended as a generic framework to solve complex, social problems and to stimulate further research and development concerning the human species in relationship to its environment.

Client-centered Therapy Sep 21 2021 Presenting the non-directive and related points of view in counselling and therapy, Rogers gives a clear exposition of procedures by which individuals who are being counselled may be assisted in achieving for themselves new and more effective personality adjustments.

*Treatment Planning for Person-Centered Care* Mar 28 2022 Requirements for treatment planning in the mental health and addictions fields are long standing and embedded in the treatment system. However, most clinicians find it a challenge to develop an effective, person-centered treatment plan. Such a plan is required for reimbursement, regulatory, accreditation and managed care purposes. Without a thoughtful assessment and well-written plan, programs and private clinicians are subject to financial penalties, poor licensing/accreditation reviews, less than stellar audits, etc. In addition, research is beginning to demonstrate that a well-developed person-centered care plan can lead to better outcomes for persons served. \* Enhance the reader's understanding of the value and role of treatment planning in responding to the needs of adults, children and families with mental health and substance abuse treatment needs \* Build the skills necessary to provide quality, person-centered, culturally competent and recovery / resiliency-orientated care in a changing service delivery system \* Provide readers with sample documents, examples of how to write a plan, etc. \* Provide a text and educational tool for course work and training as well as a reference for established practitioners \* Assist mental health and addictive disorders providers / programs in meeting external requirements, improve the quality of services and outcomes, and maintain optimum reimbursement

Person-centred Health Care Sep 09 2020 Person-centred health care is increasingly endorsed as a key element of high-quality care, yet, in practice, it often means patient-centred health care. This book scrutinizes the principle of primacy of patient welfare, which, although deeply embedded in health professionalism, is long overdue for critical analysis and debate. It appears incontestable because patients have greater immediate health needs than clinicians and the patient-clinician encounter is often recognized as a moral enterprise as well as a service contract. However, Buetow argues that the implication that clinician welfare is secondary can harm clinicians, patients and health system performance. Revaluing participants in health care as moral equals, this book advocates an ethic of virtue to respect the clinician as a whole person whose self-care and care from patients can benefit both parties, because their moral interests intertwine and warrant equal consideration. It then considers how to move from values including moral equality in health care to practice for people in their particular situations. Developing a genuinely inclusive concept of person-centred care – accepting clinicians as moral equals – it also facilitates the coalescence of patient-centred care and evidence-based health care. This reflective and provocative work develops a constructive alternative to the taken-for-granted principle of primacy of patient welfare. It is of interest to students and academics in the health and caring sciences, philosophy, ethics, medical humanities and health management.

Quality of Life and Person-Centered Care for Older People Aug 28 2019 This book explores the meaning of quality of life in care for older persons and introduces the reader to their main concerns when receiving care. Based on qualitative research, it pays particular attention to the needs and requirements of older people, considering their individual family situations, social circumstances, values and lifestyles. Person-centred care is a way of providing nursing care that puts older people and their families at the core of all decisions, seeing each person as an individual, and working together to develop appropriate solutions. Following an introduction to the concept of quality of life in old age, the book reviews essential findings from worldwide research into the experiences of older people with regard to nursing care and the impact of these experiences on their quality of life. It investigates health promotion, care provided in nursing homes and assisted living facilities, and palliative care. Each chapter includes a brief introduction to the respective field of nursing care and the problems it has to deal with, concluding with a discussion of their implications for nursing practice in the respective field of care. In closing, the evidence from qualitative research is discussed in relation to current gerontological theories.

**Interdisciplinary Applications of the Person-Centered Approach** May 18 2021 ?This book examines the scientific contribution and increasing relevance of the Person-Centered Approach (PCA) in psychotherapy. The direction taken in the book is to provide readers with a multidisciplinary and multi-perspective view as well as practical applications. Beyond the more conventional psychotherapy applications (client-centered, experimental, emotion-focused, child-centered, motivational interviewing, existential, filial, etc.) others have evolved including peace and conflict resolution work, encounter and T-groups, nonviolent communication, parent effectiveness training, person-centered planning for people with disabilities, relationship enhancement methods, learner-centered education, technology-enhanced learning environments, human relations leadership training, etc. Simultaneously, scientific disciplines were influenced by this perspective in less obvious ways. Hence, the major contribution of this book is to identify and characterize the key bridges-so far only partly recognized- between the PCA and several other disciplines. Based on the results of the bridge-building endeavor, the editors will propose an initial formulation of the PCA as a meta-theory. It is intended as a generic framework to solve complex, social problems and to stimulate further research and development concerning the human species in relationship to its environment.?

*Person-Centred Counselling in Action* Aug 21 2021 `The discussion of empathy, acceptance and congruence is central and should be required reading for all trainees working to understand the richness of these core concepts... outstanding' - Counselling, The Journal of the British Association for Counselling Widely regarded as a classic text, Person-Centred Counselling in Action has now been revised and updated to take account of recent developments in theory and practice. This bestselling exploration of one of the most popular approaches in counselling today is invaluable for students and experienced counsellors alike. The authors explore the philosophical base to the approach originated by Carl Rogers and stress the considerable persona